No matter where you live in Alaska, 2-1-1 is your one-stop resource for connecting with a wide variety of services in your community including emergency food and shelter, educational opportunities, alcohol and drug treatment programs, senior services, child care, and much more.

Dial 2-1-1 or 1-800-478-2221 to connect with a 2-1-1 call specialist who will work with you to understand your need and connect you to the programs and services that can help.

Alaska 2-1-1 was launched by United Way of Anchorage in 2007 with the goal to provide Alaskans with one simple number to call and connect with a trained information and referral specialist who would discern their needs and connect them to the best resources to get them through.

Today, Alaska 2-1-1 maintains the most comprehensive health and human services resource database in the state with nearly 1,000 active agencies and almost 8,500 available services for referral. It’s one of the reasons Alaska 2-1-1 was tapped in March to be the lead information and referral service for both the State of Alaska and Municipality of Anchorage for the duration of the COVID-19 pandemic.

In the first 10 months of 2020, Alaska 211 answered 55,641 calls for assistance and made 62,786 referrals.

In 2019,  the top caller needs, consistent across the state, were for basic needs such as food assistance, rent and mortgage help, utility assistance and transportation. But Alaska 2-1-1 helps with much more than the basics.

Alaskans can also find the services and resources needed to live better lives – everything from an after school program and care for an aging parent to job training, free tax preparation services, literacy classes and much more.

**Help starts with Alaska 2-1-1.**

* 24/7 online access to 2-1-1 website at [www.Alaska211.org](http://www.Alaska211.org)
* Call 2-1-1 or 800-478-2221 Monday through Friday, 8:30 am – 6 pm to speak with a resource specialist
* Information can be provided in 170 languages.
* Calls are confidential and free of charge.
* Alaska 2-1-1 is operated by United Way of Anchorage on behalf of all United Ways in Alaska.